

Objective A: Knowing and understanding

- i. outline physical and health education factual, procedural and conceptual knowledge
- ii. identify physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations
- iii. apply physical and health terminology to communicate understanding.

Objective B: Planning for performance

- i. identify goals to enhance performance
- ii. construct and outline a plan for improving physical activity and health.

Objective C: Applying and performing

- i. recall and apply a range of skills and techniques
- ii. recall and apply a range of strategies and movement concepts
- iii. recall and apply information to perform effectively.

Objective D: Reflecting and improving performance

- i. identify and demonstrate strategies to enhance interpersonal skills
- ii. describe the effectiveness of a plan based on the outcome
- iii. describe and summarize performance.

Health and Physical Education Year 1 Summative Assessment Criteria Rubric

Level	Criteria A: Knowing and Understanding	Criteria B: Planning for Performance	Criteria C: Applying and Performing	Criteria D: Reflecting and Improving Performance
1-2	<ul style="list-style-type: none"> i. recalls some physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues iii. recalls physical and health terminology 	<ul style="list-style-type: none"> i. states a goal to enhance performance ii. states a plan for improving physical activity and health 	<ul style="list-style-type: none"> i. recalls limited skills and techniques ii. recalls limited strategies and movement concepts iii. recalls limited information to perform 	<ul style="list-style-type: none"> i. identifies a strategy to enhance interpersonal skills ii. identifies the effectiveness of a plan iii. outlines performance
3-4	<ul style="list-style-type: none"> i. recalls physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations iii. applies physical and health terminology to communicate understanding with limited success 	<ul style="list-style-type: none"> i. defines a goal to enhance performance ii. outlines a basic plan for improving physical activity and health 	<ul style="list-style-type: none"> i. recalls some skills and techniques ii. recalls some strategies and movement concepts iii. recalls some information to perform 	<ul style="list-style-type: none"> i. identifies strategies to enhance interpersonal skills ii. states the effectiveness of a plan iii. describes performance
5-6	<ul style="list-style-type: none"> i. states physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and solve problems set in familiar situations 	<ul style="list-style-type: none"> i. lists goals to enhance performance ii. outlines plan for improving physical activity and health 	<ul style="list-style-type: none"> i. recalls and applies some skills and techniques ii. recalls and applies some strategies and movement concepts iii. recalls and applies some information to perform effectively 	<ul style="list-style-type: none"> i. identifies and sometimes demonstrates strategies to enhance interpersonal skills ii. describes the effectiveness of a plan iii. outlines and summarizes performance

	iii. applies physical and health terminology to communicate understanding			
7-8	i. outlines physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations iii. applies physical and health terminology consistently to communicate understanding	i. identifies goals to enhance performance ii. constructs a plan for improving physical activity and health	i. recalls and applies a range of skills and techniques ii. recalls and applies a range of strategies and movement concepts iii. recalls and applies a range of limited information to perform effectively.	i. identifies and demonstrates strategies to enhance interpersonal skills ii. describes the effectiveness of a plan based on the outcome iii. describes and summarizes performance